

# NEWS ROUND UP

Newsletter 4

12<sup>th</sup> March 2021



## The Link

### Australia

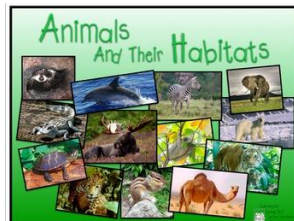
This term students working within the Link class have been learning about Australia, as part of the Seven continents of the world.

Students have been naming and viewing a range of Famous landmarks found in Australia such as Sydney Opera house, Ayres Rock and the Great Barrier Reef.

In art we have been designing our own boomerang and decorating them in traditional aboriginal designs.



Students also explored Europe, being able to identify where we live in the UK and its location within Europe. They also had the opportunity to try some traditional foods eaten in France for breakfast, such as pan au chocolat, croissants, baguette, and jam



In science we have been exploring different habitats within our local area and have been able to name different plants and animals which you would expect to find at the beach, woods, and parks.



We have been working hard in class ERA learning about the Maya civilization in Humanities and the wonderful characters portrayed by Roald Dahl in Charlie and The Chocolate Factory in English. This term science has sparked great discussion and curiosity as we learn about states of matter. Important matters were discussed including why does ketchup get stuck in the bottle? We have investigated different substances to work out whether they are a solid or a liquid. The children then went on to design an experiment to find out which was the runniest substance. Was it cooking oil, ketchup, honey or salad cream? Each group had to evaluate their experiment and consider whether it was a fair test. In PSHE we are thinking about healthy lifestyles and the impact of commonly available substances on our health and well-being. A highlight of the week is sport with Ryan. This term the children are developing a range of skills to improve their overall fitness and develop their fine and gross motor skills.

## Class ERA



## CSP Class



### **Anyone for Tennis!**

With the slowly improving weather, CSP's class have been enjoying more time playing different outdoor sports.

On a Thursday afternoon, we have been playing tennis at Hampden Park in Eastbourne. Although some believe that he cheats...Ryan is a great tennis coach!

We have also been playing football and cricket on the school field. The teachers keep getting hit for 6 but at least it's keeping us all fit and healthy!





## KS4

### **Tidying the KS4 Area**

KS4 students worked extremely hard to tidy the outside area of KS4 along the hedge. This area had become overgrown and a bit untidy, so armed with shovels, brooms, a wheelbarrow and other gardening tools, they worked for an afternoon to cut, sweep and tidy the area. Everyone worked really hard to make the area much neater. Well done KS4!



before



after

### **GCSE English Speaking and Listening Assessments**

A huge congratulation to all the KS4 students for completing the Speaking and Listening assessments as part of their GCSE English qualifications.

Every student worked hard to research and prepare, delivering clear and heartfelt presentations. Although many were anxious, they managed the situation very well and engaged with one another's topics, asking and answering lots of questions. Amazing work KS4.



Students have been working hard both in class and out of class this term.

We have been spending time looking at different careers and talking about what skills are needed for different jobs.

We have enjoyed spending time down at landbased in the nicer weather. 4 loads of woodchip were delivered last week and students have been working so hard spreading it in the chicken area.

In landbased students have got involved in preparing the raised beds for seedlings and planted some potatoes and onions.

We have been looking at the Mayans and students are enjoying comparing life now and then. We have linked the Mayans to some descriptive writing in English by planning our own chocolate bar. Watch this space for some very creative flavours! Thank you, Willie Wonka, for your inspiration.

### OBO Class



Students have decorated stones collected on the beach with kind words, quotes and colourful pictures. We have also been making efforts to do other mindfulness activities which make us and others happy and recognising how we feel throughout the day.



ONE KIND  
WORD  
can  
CHANGE  
SOMEONE'S  
Day!





## News from the Farm

Animals and humans have been enjoying the nice weather down at landbased lately. The sun has made the grass grow and some good sunbathing has been happening (animals not humans). The ponies are losing their winter coats so there's hair everywhere. Hopefully the local birds will make use of the loose hair to line their nests. If there's any left we'll add it to the compost heap.



In the warmer weather the sheep and alpacas look a bit warm but we won't be shearing them for a while as the nights are still cold and sometimes the weather still turns wintry in March and April. If anyone has any use for sheep or alpaca wool please get in touch – it's good for weaving and felting and keeping slugs off vegetables in the garden.



Seedlings are poking up now in the polytunnel and we have planted onions and potatoes outside. The bee garden is also in the process of being prepared for seeding and students have plans for vegetable planting in the remaining beds. There are also plans for a herb garden... watch this space! We plan to use some of the veggies and herbs in Forest School to increase our cooking repertoire.





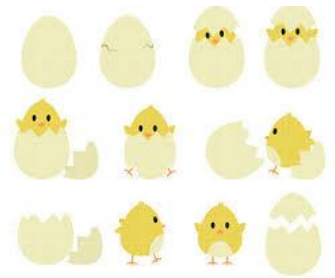
## Oakfield



Last week we welcomed four chickens to Oakfield, and we are also very excited to have added some ducklings and eggs to the flock this week.

There are some earlier signs around Oakfield site that Spring is coming. The sunshine and warmer temperatures have had a positive effect on the mood of both students and staff in Post 16.

The Daffodil bulbs planted in the outdoor planters are now in full bloom and are bringing some lovely colour to the outdoor area.



## Wellbeing Challenge: Kindness Stones



## Kindness stone Project

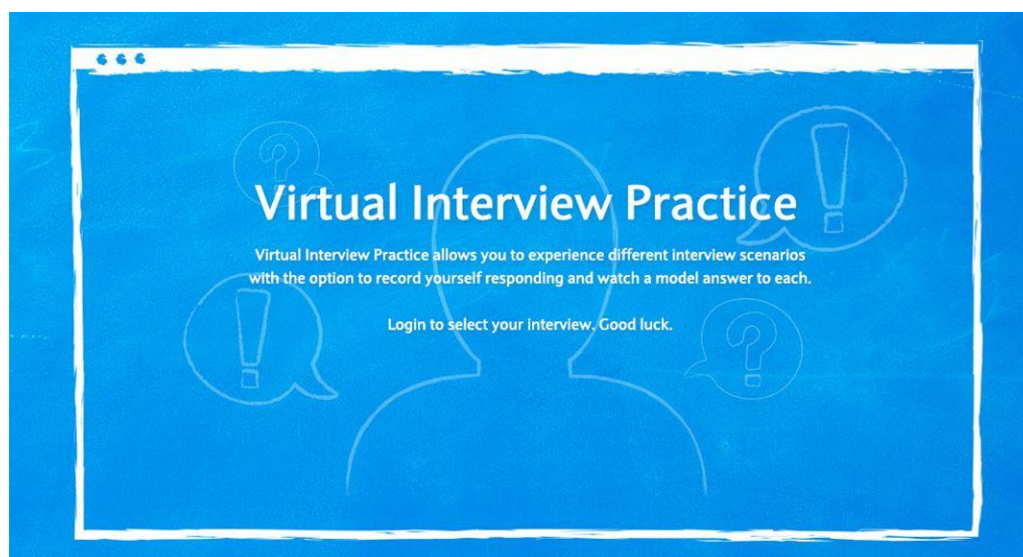


## Careers Week

The recent Careers Week at Headstart was a great success, with work-based learning activities happening across the school. However, Careers is not just focused on for one week a year; it is a subject area that helps students prepare for their adult lives through carefully designed curriculum content in KS4 and Post 16. Below an update of what we have been up to across both sites.

KS4 have been exploring culture in the workplace and how behaviours and attitudes at work differ from a school environment. Students have been looking at a range of workplace scenarios and taking part in role play, including the need for appropriate language within the workplace.

In KS5 the students have been focusing on their communication interaction skills in interview practice. We have used the STAR technique - Situation, Task, Action and Response to enhance responses. Following this we are using the Barclays Life skills Virtual Interview App to help us prepare for interview from Trusts Careers, as external careers advice service who are working with KS4 and Post 16 students at the end of the month.



In addition to this we have had some exciting extracurricular activities during Career's week including A-Z Careers games, career awareness afternoon and skills for work tasks.

### **Work Experience**

Even though our students have not been able to go off site since lockdown began, they have still been offered opportunities to understand the world of work and participate in some work experience tasks onsite. This is excellent preparation for the next stages of off-site work experience, which we hope to be able to access fully in the summer term.



#### **Looking Towards the Future**

The foundation of work-based learning and Careers is based on the opportunities to interact with the outside world. However, due to Covid restrictions community-based learning have been impossible to do. In the summer term we look forward to the opportunity to do much more including going out to meet people in their workplaces, complete work experience, engage with employers and look at pathways for all our students in the future. We look forward to telling you all about it in the summer Careers newsletter update.



## Message from Maria and Ross

Dear Parent and Carers,

It has been a busy three weeks here at Headstart. The students have been involved in Careers week and also Science week. Please see the separate news all about Careers.

You can see that our students have been very busy, from learning about the Maya civilisation to habitats and exploring the seven continents of the world.

We have been so impressed with the participation in the Wellbeing Challenge, we have had some beautiful creations which are displayed in our reception areas.

You will know the expression, 'It is better to give than to receive', but did you know this is backed up by research? People who are kind and compassionate see clear benefits to their wellbeing and happiness. Kindness can also help reduce stress and improve our emotional wellbeing. We are teaching our students to take the time to be kind to others. It really can make a difference especially to those who are struggling at the moment.

We shall be in contact regarding the Covid-19 Lateral Flow Home Testing kits which have just arrived in school. All students of secondary age will be provided with kits.

We are very happy to announce that Ryan Alexander our Behaviour Lead, Science and Physical Education Teacher has been promoted to Interim Assistant Head. We wish him well in his new role.

Have a restful weekend.

Take care and stay safe.

Maria and Ross

### Red Nose Day

Next Friday, 19th March, is Red Nose Day, and we will be fundraising for this fantastic cause.

On this day, the children are invited to dress up as a superhero (this year's Red Nose theme), or they can wear something red if they would prefer. If your child would like to dress up then please send in a £1 donation, which should be handed to your child's Form Teacher.

You are, of course, welcome to donate more, but we cannot provide any change, so the exact money should be brought into School please.

Many thanks for your support with our fundraising.

